



4000 STEPS EXPERIENCE

SATURDAY
MARCH 30, 2019 | 9:00 AM - 12:00 PM

CHURCH AT THE CROSS
3000 WILLIAM D TATE, GRAPEVINE

REGISTER FOR 4000 STEPS BY GOING TO: HUMANCOALITION.ORG/4000STEPSTDFW.

BE A TEAM LEADER: Recruit a group of 10 people who will each raise a minimum of \$100 each.

BE A WALKER: Join a 4000 Steps team and raise money using your personal fundraising webpage. Raise more, earn more! Raise \$250 and you'll earn an awesome t-shirt. Raise the most money by March 29, and you'll win a GRAND PRIZE! Then bring your family and friends and join us on March 30!

BE A VIRTUAL PARTICIPANT: Can't attend 4000 Steps? You can still lead a team or join as a virtual walker. Contact your out-of-town friends and family, or your coworkers and others who aren't able to attend on March 30, and invite them to join you in making a donation. You'll get your own personal fundraising webpage that makes fundraising easy.

SPONSOR A WALKER: Go to humancoalition.org/4000StepsDFW and make a donation to sponsor a 4000 Steps participant.

WHAT MAKES 4000 STEPS SPECIAL?

Our educational experience will help people:

- ▶ Learn more about abortion and how it affects our community.
- ▶ Gain a greater understanding of the many obstacles our clients have to overcome in order to choose LIFE.
- ▶ Discover creative and practical ways they can minister to women and families facing an unexpected pregnancy in their communities.

REGISTER TODAY

HUMANCOALITION.ORG/4000STEPSTDFW



The **4000 Steps Experience** is a fun event where the whole family has an opportunity to journey through the common challenges that brave women and men who are seeking an abortion must overcome in order to find hope and choose life for their child. The event includes praise and worship, client testimony, an interactive group experience, family activities, food, and fellowship.

OUR MISSION: Human Coalition is a champion for life, committed to an audacious mission—to transform our culture of death into a culture of LIFE. This transformation will lead to a new era in America where abortion is unthinkable and unavailable.

OUR APPROACH: We activate local strategies to end abortion city by city through our own women's care clinics, a coalition of churches, and life-affirming community resources. We communicate with those affected by an unexpected pregnancy, providing them with physical, emotional, and spiritual support to empower them to choose LIFE!

OUR LOCAL SERVICES:

- ▶ Through our *brick-and-mortar and mobile women's care clinics*, we meet women in their greatest time of need—even in their own neighborhoods!
- ▶ We provide *complimentary pregnancy testing and ultrasounds* for early pregnancy diagnosis.
- ▶ We offer a *Continuum of Care* program that provides practical support and resources to our clients during their pregnancy and after the birth of their baby.
- ▶ We offer *post-abortion counseling* to those dealing with the pain of a past abortion.

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